

Pride 10k, 20th August 2011, Victoria Park, East London

Organised by London Fronrunners

<http://www.pride10k.org>

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** Draft Results (Issue 3) **

Pos	Name	Race No	Time	Net Time	Category	Categ Pos	Net Categ Pos	Gender	Gender Pos	Net Gender Pos	Team	WORKPLACE	SPORTS TEAM
1	Paolo Natali	619	00:31:35	00:31:34	MSNR	1	1	Male	1	1			
2	Jamal Mohamed	529	00:32:10	00:32:09	MSNR	2	2	Male	2	2	Victoria Park Harriers & Tower Hamlets AC		
3	John Clarke	186	00:32:15	00:32:14	MSNR	3	3	Male	3	3	Newham		
4	Hendrik Zietsman	640	00:33:22	00:33:21	40	1	1	Male	4	4	Serpentine		
5	James Ellis	410	00:33:25	00:33:24	MSNR	4	4	Male	5	5	Clapham Chasers		
6	Basil Wallace	243	00:33:28	00:33:26	MSNR	5	6	Male	6	7	Herne Hill Harriers		
7	Alex Riches	578	00:33:29	00:33:26	MSNR	6	5	Male	7	6			
8	Neil Aitken	372	00:33:30	00:33:28	MSNR	7	7	Male	8	8	Clapham Chasers		
9	Chris Beecham	549	00:33:36	00:33:35	40	2	2	Male	9	10	Highgate Harriers		
10	Sam Humphrey	250	00:33:37	00:33:35	MSNR	8	9	Male	10	11	Victoria Park Harriers & Tower Hamlets AC		
11	James Cordwell	146	00:33:38	00:33:34	MSNR	9	8	Male	11	9	City Of Sheffield AC		
12	David Thompson	416	00:33:53	00:33:51	MSNR	10	11	Male	12	13	Barnsley AC		
13	Tomas Stasionis	527	00:33:54	00:33:50	MSNR	11	10	Male	13	12			
14	Darren McNeely	2	00:34:31	00:34:30	MSNR	12	12	Male	14	14	Serpentine		
15	Sam Trowbridge	423	00:34:52	00:34:50	MSNR	13	13	Male	15	16			
16	Ben Wickham	26	00:34:54	00:34:51	MSNR	14	14	Male	16	17	Victoria Park Harriers & Tower Hamlets AC		
17	Jamie White	666	00:34:55	00:34:48				Male	17	15	Clapham Chasers		
18	Ciaran Canavan	18	00:35:08	00:35:05	MSNR	15	15	Male	18	18	East London Runners		
19	Tom Christopher	567	00:35:14	00:35:14	MSNR	16	16	Male	19	19	Highgate Harriers		
20	Cathy Ansell	1058	00:35:22	00:35:21	FSNR	1	1	Female	1	1	Herne Hill Harriers		
21	Andrew Orr	535	00:35:23	00:35:20	MSNR	17	17	Male	20	20	Serpentine		
22	Daniel Murphy	616	00:35:41	00:35:40	MSNR	18	18	Male	21	21	Manchester Fronrunners		
23	Robert Tuer	408	00:35:50	00:35:46	MSNR	19	19	Male	22	22	Clapham Chasers		
24	James Gillanders	313	00:35:55	00:35:54	MSNR	20	20	Male	23	23	London Fronrunners		
25	Tom Skinner	617	00:36:01	00:35:58	MSNR	21	21	Male	24	25			
26	Nicholas Copas	1	00:36:03	00:35:56	40	3	3	Male	25	24	Serpentine		
27	Patrick Canavan	382	00:36:15	00:36:14	MSNR	22	22	Male	26	26			
28	Lauren Stewart	897	00:36:17	00:36:15	FSNR	2	2	Female	2	2	WGEL		
29	Kevin Newell	337	00:36:17	00:36:15	MSNR	23	23	Male	27	27	Iford AC		
30	Thomas Craggs	208	00:36:28	00:36:23	MSNR	24	24	Male	28	28	Mornington Chasers		
31	Adam Davey	153	00:36:44	00:36:41	MSNR	25	26	Male	29	30	London Fronrunners		
32	Kev Gadd	625	00:36:52	00:36:37	MSNR	26	25	Male	30	29	Belgrave Harriers		
33	Richard Fanning	658	00:36:52	00:36:48	40	4	4	Male	31	31	Serpentine		
34	Martyn Hawkes	420	00:36:54	00:36:51	MSNR	27	27	Male	32	32			
35	Steve Westlake	388	00:36:57	00:36:54	40	5	5	Male	33	33	London Fronrunners		
36	Robin McNelis	630	00:37:05	00:37:00	MSNR	28	28	Male	34	34	Iford AC	Wellington Hospital	
37	Joel Northcott	511	00:37:10	00:37:05	MSNR	29	29	Male	35	35	London Fronrunners		
38	Edmund Whelan	70	00:37:14	00:37:10	40	6	6	Male	36	36	London Fronrunners		
39	Daniel Bentley-Gouldstone	114	00:37:19	00:37:14	MSNR	30	30	Male	37	37			
40	Robert Harris	200	00:37:19	00:37:15	MSNR	31	31	Male	38	38	North Herts Road Runners		
41	Jakub Osiecke	653	00:37:20	00:37:18	MSNR	32	33	Male	39	40	KB Tebo		
42	Terry Roffey	627	00:37:20	00:37:18	MSNR	33	34	Male	40	41	Bexley AC		
43	Warren Billington	302	00:37:21	00:37:15	MSNR	34	32	Male	41	39			
44	Benjamin Curtis	467	00:37:41	00:37:37	MSNR	35	35	Male	42	42			
45	Tim Ballard	523	00:37:53	00:37:53	MSNR	36	38	Male	43	45			
46	Paul Allen	95	00:37:57	00:37:48	MSNR	37	37	Male	44	44	Victoria Park Harriers & Tower Hamlets AC		
47	Holly Gilbert	836	00:37:57	00:37:49	FSNR	3	3	Female	3	3	Victoria Park Harriers & Tower Hamlets AC		
48	Matthew Young	647	00:37:59	00:37:48	MSNR	38	36	Male	45	43			Club Borange
49	Greg Snow	505	00:38:05	00:38:01	MSNR	39	39	Male	46	47			
50	Andrew Scutts	643	00:38:10	00:38:10	MSNR	40	40	Male	47	49			
51	David Comb	211	00:38:12	00:38:10	MSNR	41	41	Male	48	50			
52	Malcolm Pritchard	35	00:38:13	00:38:09	40	7	8	Male	49	48	St Neots Riverside Runners		

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53	Simon Brown	177	00:38:23	00:38:17	MSNR	42	42	Male	50	51	London Heathside	
54	Paul Sterland	217	00:38:25	00:38:20	MSNR	43	43	Male	51	52	London Frontrunners	
55	Antonio Martín Romero	646	00:38:39	00:38:38	MSNR	44	46	Male	52	55	Serpentine	
56	Rob Pitkethly	139	00:38:40	00:38:31	MSNR	45	44	Male	53	53	Victoria Park Harriers & Tower Hamlets AC	
57	James Duncan	573	00:38:40	00:38:33	MSNR	46	45	Male	54	54	London Frontrunners	
58	Joshua Paparo	339	00:38:45	00:38:38	MSNR	47	47	Male	55	56	Serpentine	
59	Jeremy Oldaker	603	00:38:48	00:38:42	MSNR	48	48	Male	56	57	London Frontrunners	
60	Martin Carmack	454	00:38:49	00:38:42	40	8	9	Male	57	58	Serpentine	
61	Edd Baldry	244	00:38:50	00:38:50	MSNR	49	49	Male	58	59		
62	Sarah Holliday	954	00:38:54	00:38:52	FSNR	4	4	Female	4	4	Winchester & District AC	
63	Jeff Green	46	00:38:56	00:37:55	40	9	7	Male	59	46		
64	Pal Suren	258	00:38:59	00:38:55	MSNR	50	51	Male	60	61	London Frontrunners	
65	Shaun Whelan	642	00:39:00	00:38:56	40	10	10	Male	61	62	London Frontrunners	
66	Tim Pulham	628	00:39:01	00:38:52	MSNR	51	50	Male	62	60		
67	Emily Collinge	939	00:39:06	00:39:03	FSNR	5	5	Female	5	5	Mansfield Harriers	
68	Damian Macenhill	399	00:39:16	00:39:14	40	11	11	Male	63	66	Striders of Croydon	
69	Ian Shires	560	00:39:16	00:39:11	MSNR	52	53	Male	64	64		
70	Simon Garner	311	00:39:17	00:39:09	MSNR	53	52	Male	65	63	London Frontrunners	
71	David Moss	240	00:39:17	00:39:11	MSNR	54	54	Male	66	65	London Frontrunners	
72	Neil Candler	341	00:39:20	00:39:16	MSNR	55	56	Male	67	68		
73	Erik Kolbjørnsen	213	00:39:23	00:39:16	40	12	12	Male	68	70	Oslo Frontrunners	
74	David Shekleton	597	00:39:23	00:39:23	MSNR	56	60	Male	69	73		
75	Edward Holland	9	00:39:25	00:39:15	MSNR	57	55	Male	70	67	London Frontrunners	
76	Sam Vardy	38	00:39:25	00:39:16	MSNR	58	57	Male	71	69		
77	Krasse Gueorguiev	604	00:39:26	00:39:23	MSNR	59	61	Male	72	74	UK Athletics	
78	Steve Latham	592	00:39:34	00:39:23	MSNR	60	59	Male	73	72	London Heathside	
79	Peter Griffiths	227	00:39:35	00:39:32	50	1	1	Male	74	75	Bexley AC	
80	Tim Gibb	582	00:39:37	00:39:17	MSNR	61	58	Male	75	71		
81	David Clarke	387	00:39:39	00:39:35	MSNR	62	63	Male	76	77	London Frontrunners	
82	Paul Smith	528	00:39:42	00:39:36	MSNR	63	64	Male	77	78		
83	Julian Merschen	178	00:39:48	00:39:44	MSNR	64	67	Male	78	81	Highgate Harriers	
84	Guy Wainwright	543	00:39:51	00:39:42	MSNR	65	66	Male	79	80	Guildford & Godalming AC	
85	Leigh James	864	00:39:52	00:39:47	FSNR	6	6	Female	6	6	London Heathside	
86	Richard Lee-Smith	455	00:39:52	00:39:49	MSNR	66	68	Male	80	82	Striders of Croydon	
87	Russell Webley	73	00:39:54	00:39:50	40	13	13	Male	81	83	London Fields Triathlon Club	
88	Richard Evans	536	00:39:57	00:39:35	MSNR	67	62	Male	82	76		
89	Emily Gelder	1043	00:39:57	00:39:56	35	1	1	Female	7	7	Dulwich Runners	
90	Jamie Russell	338	00:40:02	00:39:38	MSNR	68	65	Male	83	79	Dartford Road Runners	
91	Jonathan Abel	488	00:40:04	00:40:04	MSNR	69	69	Male	84	87		
92	Chris Gardner	451	00:40:04	00:39:56	40	14	14	Male	85	84	London Heathside	
93	Chris Morton	355	00:40:08	00:40:02	40	15	16	Male	86	86	Striders of Croydon	
94	Glynn McDonald	252	00:40:10	00:40:00	40	16	15	Male	87	85	London Frontrunners	
95	Cath Stibbs	704	00:40:11	00:40:03	35	2	2	Female	8	9	Kent AC	
96	Louisa Ruderman	959	00:40:11	00:40:00	FSNR	7	7	Female	9	8	Serpentine	
97	Jeremy Stewart	639	00:40:17	00:40:10	MSNR	70	71	Male	88	89	London Frontrunners	
98	Steve Ramsay	593	00:40:18	00:40:06	MSNR	71	70	Male	89	88	London Frontrunners	
99	Alberto Rodriguez	331	00:40:20	00:40:15	MSNR	72	72	Male	90	90		
100	Jonathon Guildford	279	00:40:27	00:40:27	MSNR	73	77	Male	91	95	Manchester Frontrunners	
101	Francisco Perez	533	00:40:27	00:40:27	MSNR	74	78	Male	92	96		
102	Ben Sutton	64	00:40:29	00:40:24	MSNR	75	76	Male	93	94	London Frontrunners	Barclays Capital
103	Samuel Baker	427	00:40:31	00:40:20	MSNR	76	74	Male	94	92		
104	Chris O'Hara	287	00:40:34	00:40:21	MSNR	77	75	Male	95	93	Scottish Athletics	
105	Richard Craven	183	00:40:38	00:40:30	MSNR	78	79	Male	96	97		
106	Jonathan Down	439	00:40:39	00:40:34	MSNR	79	81	Male	97	99		

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107	Peter Maxwell	394	00:40:40	00:40:33	MSNR	80	80	Male	98	98	Ful-On-Tri		
108	Lloyd Miles	636	00:40:47	00:40:35	40	17	17	Male	99	100			
109	Matt Lemon	76	00:40:48	00:40:44	MSNR	81	83	Male	100	103	Medway And Maidstone AC		
110	Julian Williams	56	00:40:49	00:40:41	40	18	18	Male	101	102	London Fronrunners		
111	Paul Boschen	421	00:40:51	00:40:41	MSNR	82	82	Male	102	101			
112	Dan Bridgman	562	00:41:03	00:40:52	MSNR	83	84	Male	103	105			
113	Derek Clark	260	00:41:05	00:40:47	40	19	19	Male	104	104	London Fronrunners		
114	Joanna Linfield	1012	00:41:07	00:41:02	FSNR	8	8	Female	10	10	Belgrave Harriers		
115	Lucy Sterne	1089	00:41:11	00:41:06	FSNR	9	9	Female	11	11	Mornington Chasers		
116	David Cato	518	00:41:20	00:40:58	MSNR	84	86	Male	105	107			
117	Federico Montella	134	00:41:22	00:40:58	MSNR	85	85	Male	106	106			
118	Francis Kung	414	00:41:23	00:41:17	MSNR	86	88	Male	107	110	Ful-On-Tri		
119	Gary Sullivan	245	00:41:25	00:41:18	50	2	2	Male	108	111	Dulwich Runners		
120	David Farrell	375	00:41:27	00:41:23	50	3	3	Male	109	113	Bexley AC		
121	Joseph Lowe	633	00:41:30	00:41:27	40	20	21	Male	110	115	Highgate Harriers		
122	Frank Harkin	219	00:41:31	00:40:16	MSNR	87	73	Male	111	91			The Mollsters
123	Glenn Barden	576	00:41:32	00:41:28	MSNR	88	91	Male	112	116	Croydon Harriers		
124	Tim Charters	312	00:41:38	00:41:15	MSNR	89	87	Male	113	109	London Fronrunners		
125	Ciaran Goswell	654	00:41:39	00:41:30	MSNR	90	92	Male	114	117			
126	David Worrall	473	00:41:42	00:41:10	40	21	20	Male	115	108			
127	Ian Weir	181	00:41:42	00:41:31	MSNR	91	93	Male	116	118	Victoria Park Harriers & Tower Hamlets AC		
128	Seth Atkin	649	00:41:47	00:41:38	40	22	23	Male	117	121	London Fronrunners		
129	Haraldur Haraldsson	356	00:41:47	00:41:34	40	23	22	Male	118	119			
130	Ian Jelly	136	00:41:47	00:41:24	MSNR	92	90	Male	119	114	Chester Tri		
131	David Mitchell	457	00:41:49	00:41:41	40	24	25	Male	120	123			
132	Jarmo Liikanen	626	00:41:50	00:41:35	MSNR	93	94	Male	121	120			
133	Henry Gata	235	00:41:55	00:41:20	MSNR	94	89	Male	122	112			Amoo Venture Capital Advisory
134	Dave Willsher	484	00:41:57	00:41:48	40	25	27	Male	123	125			
135	Richard Defries	373	00:42:01	00:41:58	MSNR	95	95	Male	124	128	Thrift Green Trotters		
136	Ian Cuerden	661	00:42:01	00:41:47	40	26	26	Male	125	124	London Fronrunners		
137	R. Scott Garner	438	00:42:09	00:41:57	40	27	28	Male	126	126			
138	Robert Jones	194	00:42:11	00:41:57	50	4	4	Male	127	127	Trent Park Runners		
139	Andy Ross	345	00:42:14	00:41:38	40	28	24	Male	128	122			Exodus Early Eagles
140	Paul Boddey	87	00:42:16	00:42:06	MSNR	96	97	Male	129	130			
141	Kenny Blyth	332	00:42:19	00:42:08	60	1	1	Male	130	131	Ware Joggers		
142	David Gibney	481	00:42:30	00:42:22	40	29	29	Male	131	134			
143	Kaeti Mackenzie	1025	00:42:32	00:42:27	35	3	3	Female	12	12	Barnsley Harriers		
144	Sergio Gonzalez Manzaneque	340	00:42:36	00:42:32	MSNR	97	101	Male	132	136			
145	Eoin O'Callaghan	274	00:42:40	00:42:16	MSNR	98	98	Male	133	132	London Fronrunners		
146	Ed Taylor	508	00:42:40	00:42:31	MSNR	99	100	Male	134	135			
147	Andrew Salter	650	00:42:41	00:42:36	40	30	30	Male	135	137	Manchester Fronrunners		
148	Darren McHale	405	00:42:46	00:42:20	MSNR	100	99	Male	136	133			
149	Caroline Tuck	789	00:42:49	00:42:49	45	1	1	Female	13	13	Dagenham 88 Runners		
150	John Gurney	320	00:42:49	00:42:37	50	5	5	Male	137	139	Petts Wood Runners		
151	Jeremy Agnew	552	00:42:58	00:42:03	MSNR	101	96	Male	138	129			
152	Philip Knudsen	88	00:43:00	00:42:48	MSNR	102	104	Male	139	141	London Fronrunners		
153	Matt Ware	390	00:43:04	00:42:55	40	31	32	Male	140	143	London Fronrunners		
154	David Gibson	308	00:43:05	00:42:37	MSNR	103	102	Male	141	138			
155	Nalin Patel	586	00:43:15	00:42:52	40	32	31	Male	142	142			
156	Murat Askin	515	00:43:17	00:43:04	40	33	33	Male	143	145	Petts Wood Runners		
157	Matthew De Brouwer	554	00:43:19	00:43:12	MSNR	104	106	Male	144	147			
158	Lambert Franck	648	00:43:20	00:43:16	MSNR	105	108	Male	145	149	Paris Fronrunners		
159	Jon Hunter	160	00:43:24	00:43:05	40	34	34	Male	146	146	Bexley AC		
160	Jacob Buitelaar	605	00:43:25	00:43:17	MSNR	106	109	Male	147	150			
161	Greg Kemp	54	00:43:34	00:43:17	MSNR	107	110	Male	148	151			
162	Sarah Winter	892	00:43:35	00:43:26	35	4	5	Female	14	15	Stragglers		

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163	Helen Smith	809	00:43:37	00:43:04	35	5	4	Female	15	14		
164	Alfonso Cardena	621	00:43:39	00:42:59	MSNR	108	105	Male	149	144		
165	Andrew Watson	125	00:43:39	00:43:23	MSNR	109	112	Male	150	153	London Fronrunners	
166	Stephen Massey	463	00:43:40	00:43:35	40	35	35	Male	151	154	Striders of Croydon	
167	David Matthews	458	00:43:40	00:43:22	MSNR	110	111	Male	152	152		
168	Ryan Georgiades	418	00:43:44	00:43:36	MSNR	111	113	Male	153	156	Clapham Chasers	
169	Matt Tupling	75	00:43:53	00:43:43	MSNR	112	116	Male	154	159	Aire Centre Pacers	
170	Ian Keegan	267	00:43:57	00:43:36	40	36	36	Male	155	155	London Fronrunners	
171	Angus Nicholls	365	00:44:01	00:43:47	MSNR	113	119	Male	156	162	East End Roadrunners	
172	Edit Walsh	1018	00:44:04	00:43:57	35	6	6	Female	16	16		
173	Steve Sawyer	248	00:44:06	00:43:14	MSNR	114	107	Male	157	148		
174	Leonardo Fumarola	575	00:44:07	00:43:45	MSNR	115	118	Male	158	161		
175	Colin O'Connor	127	00:44:09	00:43:37	MSNR	116	114	Male	159	157	London Fronrunners	
176	Chas Rayner	504	00:44:14	00:43:56	60	2	2	Male	160	165	West 4 Harriers	
177	Mat Valencic	522	00:44:16	00:42:42	MSNR	117	103	Male	161	140		
178	Doug Sloane	662	00:44:17	00:43:53	MSNR	118	120	Male	162	164	Serpentine	
179	Simon Pollack	265	00:44:22	00:43:43	MSNR	119	115	Male	163	158	London Fronrunners	
180	Mark Craig	353	00:44:28	00:44:25	50	6	6	Male	164	177	Darlington Quakers	
181	Mark Loder	72	00:44:29	00:44:16	MSNR	120	126	Male	165	173		
182	Tom Ravenscroft	570	00:44:34	00:44:08	MSNR	121	121	Male	166	167		
183	Martin Oldham	516	00:44:35	00:43:48	40	37	37	Male	167	163	London Fronrunners	
184	Robert Thomson	156	00:44:37	00:44:18	40	38	40	Male	168	174	London Fronrunners	
185	William Berry	368	00:44:37	00:44:14	MSNR	122	124	Male	169	171		HSBC Globe
186	John Brown	237	00:44:43	00:44:03	40	39	38	Male	170	166	London Fronrunners	
187	Matt Clare	173	00:44:43	00:44:13	MSNR	123	123	Male	171	170	London Fronrunners	
188	Adrian Butler	371	00:44:45	00:44:20	MSNR	124	128	Male	172	176	London Fronrunners	
189	Mark Preskett	404	00:44:45	00:44:31	MSNR	125	131	Male	173	182		
190	Alden Yap	348	00:44:45	00:44:20	MSNR	126	127	Male	174	175	Cambridge Hare and Hounds	
191	Darren Jones	29	00:44:49	00:44:12	40	40	39	Male	175	169		
192	Patricia Sanz	1046	00:44:50	00:44:30	FSNR	10	10	Female	17	17		
193	Carl Pfeiffer	71	00:44:52	00:44:38	MSNR	127	135	Male	176	186	London Fronrunners	
194	Graeme Fraser	12	00:44:52	00:44:29	40	41	41	Male	177	180		
195	Lee Kirby	501	00:44:53	00:44:35	MSNR	128	134	Male	178	185	London Fronrunners	
196	Robert Hollands	510	00:44:54	00:44:15	MSNR	129	125	Male	179	172		
197	James Myers	652	00:44:57	00:44:28	MSNR	130	130	Male	180	179		
198	David Kirkman	599	00:44:58	00:44:30	40	42	42	Male	181	181		
199	Dave Clarke	188	00:44:59	00:44:28	MSNR	131	129	Male	182	178		
200	Hannah Roberts	966	00:45:00	00:44:47	FSNR	11	12	Female	18	19	Petts Wood Runners	
201	Juliet Redhouse	736	00:45:01	00:44:36	FSNR	12	11	Female	19	18	Victoria Park Harriers & Tower Hamlets AC	
202	David Glover	524	00:45:02	00:44:47	MSNR	132	138	Male	183	190		Barclays Capital
203	Ian Bradshaw	61	00:45:04	00:44:32	MSNR	133	132	Male	184	183		
204	Ian MacLeod	68	00:45:04	00:44:40	MSNR	134	136	Male	185	187		
205	Matt Sparrow	334	00:45:05	00:44:47	40	43	44	Male	186	191		
206	Scott Haddow	113	00:45:13	00:44:57	40	44	45	Male	187	196	Clapham Chasers	
207	Jonathan Cohen	539	00:45:16	00:44:42	40	45	43	Male	188	188		
208	Martin Baker	428	00:45:17	00:44:55	MSNR	135	141	Male	189	195		
209	Luke Crosby	407	00:45:17	00:44:49	MSNR	136	139	Male	190	193		
210	David Jury	352	00:45:19	00:43:43	MSNR	137	117	Male	191	160		
211	Katharine Stott	948	00:45:19	00:45:00	FSNR	13	13	Female	20	20		
212	Nigel Lee	437	00:45:21	00:45:08	40	46	47	Male	192	201		
213	Chris Barritt	362	00:45:23	00:45:23	40	47	53	Male	193	214	Petts Wood Runners	
214	Richard Wilson	6	00:45:24	00:44:59	MSNR	138	143	Male	194	198		
215	Bertrand Vincent	180	00:45:24	00:45:08	MSNR	139	145	Male	195	202	Paris Fronrunners	
216	Kong Lim Chan	509	00:45:26	00:44:58	MSNR	140	142	Male	196	197		
217	Maxwell Knight	526	00:45:27	00:45:14	MSNR	141	147	Male	197	208		
218	Stephen Foreshew	122	00:45:28	00:44:47	MSNR	142	137	Male	198	189		Sas - Sarah Andrew Stephen

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219	Graham Vincent	497	00:45:29	00:44:09	MSNR	143	122	Male	199	168	London Fronrunners		
220	Adam Dady	644	00:45:31	00:44:53	MSNR	144	140	Male	200	194			
221	Neil Coates	45	00:45:31	00:45:02	40	48	46	Male	201	199	Fetch Everyone		
222	Patrick Owen	291	00:45:33	00:45:09	50	7	8	Male	202	203	Los Angeles Fronrunners		
223	George Knights	376	00:45:34	00:45:17	MSNR	145	149	Male	203	212			
224	Paul Judd	632	00:45:36	00:45:14	MSNR	146	148	Male	204	209	London Fronrunners		
225	Ryan Ward	202	00:45:41	00:44:33	MSNR	147	133	Male	205	184		Spectrum	
226	Donald Gordon	563	00:45:45	00:45:13	40	49	50	Male	206	207			
227	Andy Roles	309	00:45:46	00:45:16	40	50	52	Male	207	211			
228	Ellnar East	1103	00:45:47	00:45:28	FSNR	14	14	Female	21	21	London Heathside		
229	Elsbeth Storrar	1031	00:45:49	00:45:33	FSNR	15	15	Female	22	22			
230	Patrick Gilmore	612	00:45:49	00:45:19	MSNR	148	150	Male	208	213	Serpentine		
231	Dice McCairn	406	00:45:50	00:45:34	40	51	54	Male	209	218			
232	Conall McLaughlin	391	00:45:50	00:45:39	MSNR	149	157	Male	210	222			
233	Frank Fonton	5	00:45:52	00:45:16	40	52	51	Male	211	210		Windrush	
234	Richard Brauch	319	00:45:53	00:45:34	MSNR	150	154	Male	212	219	London Fronrunners		
235	Doug Nereu	664	00:45:54	00:44:48	50	8	7	Male	213	192			
236	Helen Manning	915	00:45:54	00:45:40	FSNR	16	17	Female	23	24			
237	Simon Quinn	82	00:45:57	00:45:09	MSNR	151	146	Male	214	205	London Fronrunners		
238	Sarah Stafford	1085	00:45:57	00:45:37	FSNR	17	16	Female	24	23			
239	Simon Rees	417	00:46:00	00:45:30	MSNR	152	153	Male	215	217			
240	Barry Neale	470	00:46:03	00:45:06	MSNR	153	144	Male	216	200			
241	Martin Wilson	315	00:46:06	00:45:29	MSNR	154	152	Male	217	216	London Fronrunners		
242	Alan Purchase	424	00:46:07	00:45:52	50	9	10	Male	218	227	Striders of Croydon		
243	Slavomir Volek	57	00:46:09	00:45:27	MSNR	155	151	Male	219	215			
244	Gary James	429	00:46:11	00:45:38	MSNR	156	156	Male	220	221			
245	Terry Cook	141	00:46:13	00:45:42	50	10	9	Male	221	223	Serpentine		
246	Marcus Evans	212	00:46:14	00:46:03	MSNR	157	161	Male	222	232			
247	Jonathan Sedgwick	651	00:46:17	00:45:09	40	53	48	Male	223	204		Spectrum	
248	Paul Duncan	157	00:46:19	00:45:52	40	54	56	Male	224	226			
249	Andrew Powell	403	00:46:23	00:46:10	MSNR	158	165	Male	225	237			
250	Richard Oliver	635	00:46:24	00:45:58	MSNR	159	159	Male	226	228	Abbey Runners - Leeds		
251	Ian Judson	109	00:46:26	00:46:09	40	55	59	Male	227	236			
252	Clare Murphy	842	00:46:27	00:46:12	35	7	8	Female	25	26	Trent Park Runners		
253	David Calpin	360	00:46:28	00:45:11	40	56	49	Male	228	206	London Fronrunners		
254	Chris Turner	321	00:46:32	00:46:18	40	57	61	Male	229	241	Petts Wood Runners		
255	Heino Von Wielligh	655	00:46:33	00:46:04	MSNR	160	162	Male	230	233			
256	Paul Ripley	491	00:46:36	00:46:28	MSNR	161	174	Male	231	250			
257	Oliver Smith	466	00:46:37	00:46:33	MSNR	162	176	Male	232	252			
258	Adam Dedyński	81	00:46:43	00:46:34	MSNR	163	177	Male	233	253		Freshfields	
259	Mark Cross	83	00:46:44	00:46:05	MSNR	164	163	Male	234	234			
260	June Hedges	716	00:46:46	00:46:06	35	8	7	Female	26	25			
261	Jan Cooper	574	00:46:47	00:46:10	MSNR	165	166	Male	235	238	London Fronrunners		
262	Thomas Goodhead	468	00:46:49	00:46:22	MSNR	166	169	Male	236	243		Precise	
263	Gerhard Van Rooyen	251	00:46:52	00:46:26	MSNR	167	173	Male	237	248			
264	Andrew Corti	330	00:46:55	00:45:59	40	58	57	Male	238	229	London Fronrunners		London Titans FC
265	Geoffrey Fichte	641	00:46:55	00:46:38	MSNR	168	178	Male	239	255		HSBC Globe	
266	Mark Rickard	412	00:46:55	00:46:08	MSNR	169	164	Male	240	235	Gloucester AC		
267	Timothy Andrew	261	00:46:56	00:46:17	MSNR	170	167	Male	241	240	London Fronrunners		
268	Lucy Taylor	1106	00:46:57	00:46:42	FSNR	18	20	Female	27	29			Club Borange
269	Chris Wood	44	00:46:57	00:46:25	MSNR	171	172	Male	242	246			
270	Joe Xiho	660	00:46:58	00:45:51	MSNR	172	158	Male	243	224			
271	Koert Holtgreve	596	00:46:59	00:46:21	MSNR	173	168	Male	244	242			
272	Ian Pennington	144	00:47:02	00:45:36	MSNR	174	155	Male	245	220			
273	Damon Clay	333	00:47:02	00:46:01	40	59	58	Male	246	230			
274	Laurence Youngman	305	00:47:02	00:46:03	MSNR	175	160	Male	247	231			
275	Lee Hinton	184	00:47:03	00:46:25	40	60	62	Male	248	247	Reading Roadrunners		
276	Glenn Edwards	223	00:47:04	00:46:49	MSNR	176	181	Male	249	259	Serpentine		
277	Jaime Gomes	293	00:47:04	00:46:23	MSNR	177	170	Male	250	244			
278	Liz Elder	1086	00:47:05	00:46:13	FSNR	19	18	Female	28	27			
279	Benedict Collins	610	00:47:06	00:46:40	MSNR	178	179	Male	251	257			
280	Catherine Emmett	1067	00:47:09	00:46:19	FSNR	20	19	Female	29	28			

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281	Marion Rayner	1057	00:47:09	00:46:52	55	1	1	Female	30	30	West 4 Harriers		
282	Adrian Walker	519	00:47:10	00:45:52	40	61	55	Male	252	225	Manchester Fronrunners		
283	Duncan Jamieson	564	00:47:10	00:46:39	40	62	64	Male	253	256			
284	Stephen Simpson	594	00:47:17	00:46:31	MSNR	179	175	Male	254	251	London Fronrunners		
285	Claire De Wit	1075	00:47:18	00:47:02	FSNR	21	22	Female	31	32			
286	Jessica Wilcocks	987	00:47:20	00:47:19	FSNR	22	24	Female	32	37			
287	Andy Hunt	367	00:47:24	00:46:23	MSNR	180	171	Male	255	245			
288	Simon Hanlon	534	00:47:25	00:47:14	MSNR	181	186	Male	256	264			
289	Jeremy Nixon	236	00:47:26	00:46:12	40	63	60	Male	257	239	London Fronrunners		
290	James Brooks	99	00:47:26	00:46:44	MSNR	182	180	Male	258	258			
291	Katy Alexander	938	00:47:27	00:46:57	FSNR	23	21	Female	33	31			
292	Helen Neocleous	1072	00:47:30	00:47:14	35	9	11	Female	34	35	Petts Wood Runners		
293	Jon Rissik	441	00:47:33	00:47:14	40	64	65	Male	259	265			
294	Molly Pinkus	752	00:47:34	00:47:05	35	10	9	Female	35	33			
295	Serena Stracey	995	00:47:36	00:47:19	35	11	12	Female	36	38	Striders Of Croydon		
296	Hannah Musk	1003	00:47:36	00:47:19	FSNR	24	23	Female	37	36	Striders Of Croydon		
297	Graham Caws	179	00:47:41	00:47:21	40	65	66	Male	260	268	Cottingham Fitmums And Friends		
298	Alex Neocleous	548	00:47:41	00:47:25	40	66	68	Male	261	272	Petts Wood Runners		
299	Anthony Jewell	411	00:47:44	00:46:27	50	11	11	Male	262	249	London Fronrunners		
300	Adam Maris	663	00:47:47	00:47:37	MSNR	183	191	Male	263	276			
301	Paul Gardner	361	00:47:49	00:46:56	MSNR	184	182	Male	264	260	London Fronrunners		
302	Martin Reilly	301	00:47:50	00:46:35	40	67	63	Male	265	254	London Fronrunners		
303	Tony Deer	220	00:47:52	00:47:36	50	12	13	Male	266	275	Bexley AC		
304	Daniel Diskin	546	00:47:55	00:47:01	MSNR	185	184	Male	267	262		Deutsche Bank	
305	Daniel Cohen	645	00:47:58	00:47:24	40	68	67	Male	268	270			
306	Craig Wood	577	00:48:00	00:47:07	MSNR	186	185	Male	269	263			
307	Walter Williams	472	00:48:01	00:48:01	MSNR	187	200	Male	270	289			
308	Kirsten Jolly	1001	00:48:01	00:47:40	35	12	14	Female	38	40	Dunmow Triathlon Club		
309	Paul Hanrahan	3	00:48:02	00:47:48	MSNR	188	194	Male	271	282			
310	Adam Cornell	464	00:48:06	00:47:21	MSNR	189	188	Male	272	267			
311	Naomi Bairre	1107	00:48:07	00:47:13	35	13	10	Female	39	34	Victoria Park Harriers & Tower Hamlets AC		
312	Tom Harlow	14	00:48:07	00:46:59	MSNR	190	183	Male	273	261			
313	Terence Curran	28	00:48:09	00:47:38	50	13	14	Male	274	277	Victoria Park Harriers & Tower Hamlets AC		
314	Richard Jalowik	24	00:48:09	00:47:31	40	69	69	Male	275	273			
315	Miho Yoshizaki	1073	00:48:17	00:47:51	35	14	15	Female	40	41			
316	Martin Moody	277	00:48:19	00:47:22	50	14	12	Male	276	269			
317	Andrew Carter	495	00:48:20	00:47:43	40	70	70	Male	277	279			
318	Gregg Widelski	383	00:48:21	00:48:02	MSNR	191	202	Male	278	292	London Fronrunners		
319	Andrew Thompson	116	00:48:23	00:47:34	MSNR	192	190	Male	279	274			
320	Tom Van Den Bossche	254	00:48:24	00:47:47	40	71	71	Male	280	281	London Fronrunners		
321	Simon Gould	77	00:48:26	00:48:15	60	3	3	Male	281	300			
322	Conor Devlin	204	00:48:27	00:47:25	MSNR	193	189	Male	282	271	London Fronrunners		
323	John Hurley	465	00:48:28	00:47:51	MSNR	194	195	Male	283	283			
324	Richard Cristina	351	00:48:29	00:48:07	MSNR	195	203	Male	284	294	London Fronrunners		
325	Ben Lovett	503	00:48:32	00:47:16	MSNR	196	187	Male	285	266			
326	Dean O'Connell	104	00:48:32	00:47:56	MSNR	197	198	Male	286	287			
327	Kevin Gardner	329	00:48:33	00:47:56	40	72	72	Male	287	286	Deal Tri Club	Spectrum	
328	Jay Wetterau	634	00:48:38	00:47:54	MSNR	198	197	Male	288	285			
329	Tracey Copson	799	00:48:38	00:48:04	FSNR	25	25	Female	41	42	Eliot Ladies Running Club		
330	Kate Lumetta	1002	00:48:38	00:47:28	35	15	13	Female	42	39		UBS	
331	Charlotte Wheeler	1061	00:48:39	00:48:10	FSNR	26	26	Female	43	43			
332	Rob Airton	318	00:48:39	00:48:08	50	15	15	Male	289	295	London Fronrunners		
333	Matthew Warne	665	00:48:39	00:48:03	40	73	74	Male	290	293			
334	James Bellis	494	00:48:40	00:47:52	MSNR	199	196	Male	291	284			
335	Tim Sander	16	00:48:41	00:48:13	40	74	75	Male	292	299			

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336	Phil Adams	316	00:48:41	00:48:22	40	75	76	Male	293	303	London Fronrunners	
337	Karen Barritt	980	00:48:43	00:48:29	45	2	2	Female	44	44	Petts Wood Runners	
338	Clifford McDowell	53	00:48:44	00:48:02	40	76	73	Male	294	291		
339	Mark Casey	47	00:48:45	00:48:02	MSNR	200	201	Male	295	290		
340	Neil Durham	17	00:48:48	00:48:34	40	77	77	Male	296	305		
341	Hannah Hannah	972	00:48:52	00:48:40	FSNR	27	28	Female	45	46	Victoria Park Harriers & Tower Hamlets AC	
342	Lucy Fry	902	00:48:52	00:48:29	FSNR	28	27	Female	46	45		
343	Michelle Arthurs	1051	00:48:53	00:48:43	FSNR	29	29	Female	47	47	Redhill Cycling Club	
344	Pawel Urbanski	551	00:48:54	00:48:47	MSNR	201	211	Male	297	310		
345	Michael Bray	275	00:48:57	00:47:43	MSNR	202	193	Male	298	280		
346	Stephen Lewry	606	00:49:04	00:48:35	MSNR	203	209	Male	299	306		
347	Robert Orton	169	00:49:05	00:47:42	MSNR	204	192	Male	300	278		
348	Damien Wilson	124	00:49:07	00:48:57	MSNR	205	213	Male	301	315	Herne Hill Harriers	
349	Dom Fang	385	00:49:08	00:48:51	MSNR	206	212	Male	302	312	London Fronrunners	
350	Callum Mannix	392	00:49:09	00:48:10	MSNR	207	205	Male	303	297		
351	Christopher McMahon	155	00:49:10	00:47:58	MSNR	208	199	Male	304	288		
352	Lee Knightley	555	00:49:12	00:48:47	40	78	79	Male	305	309	London Fronrunners	
353	Ben Rogers	452	00:49:14	00:49:02	MSNR	209	215	Male	306	317		
354	Richard Tipping	22	00:49:19	00:48:40	MSNR	210	210	Male	307	307		
355	William Burbridge-James	607	00:49:20	00:48:33	50	16	16	Male	308	304		
356	Luke Roberts	538	00:49:21	00:48:09	MSNR	211	204	Male	309	296		
357	Marc McKenna	401	00:49:30	00:48:13	MSNR	212	206	Male	310	298		
358	Keith King	558	00:49:32	00:48:20	MSNR	213	208	Male	311	302		
359	Tin Sing Koh	262	00:49:33	00:48:49	40	79	80	Male	312	311	London Fronrunners	
360	John Fannon	145	00:49:34	00:48:55	40	80	81	Male	313	313		
361	Dave Miller	150	00:49:34	00:48:20	MSNR	214	207	Male	314	301		
362	Brian Schiff	492	00:49:36	00:49:28	MSNR	215	220	Male	315	328		
363	Guruge Kumudith	572	00:49:37	00:49:21	50	17	17	Male	316	323	New Eltham Joggers	
364	Ruth Blanco	725	00:49:42	00:49:13	FSNR	30	32	Female	48	52		
365	Jarrod Cabourne	595	00:49:45	00:49:00	MSNR	216	214	Male	317	316	London Fronrunners	
366	Val Metcalf	764	00:49:46	00:48:44	45	3	3	Female	49	48	Serpentine	
367	Amita Chandler	876	00:49:48	00:49:38	FSNR	31	34	Female	50	54		
368	Vince Deehan	15	00:49:49	00:48:45	40	81	78	Male	318	308		Kings Cross Steelers
369	Nick Skelton	205	00:49:50	00:49:30	MSNR	217	223	Male	319	331		
370	Alan Tringle	285	00:49:51	00:49:04	40	82	83	Male	320	318		
371	David Robertson	462	00:49:54	00:49:35	MSNR	218	226	Male	321	334	London Fronrunners	
372	Robert Larkin-Frost	117	00:49:56	00:49:23	40	83	85	Male	322	325		
373	Eamon McGurnaghan	445	00:49:56	00:49:13	MSNR	219	217	Male	323	321		
374	Gail Gardner	1011	00:49:57	00:49:10	FSNR	32	31	Female	51	51		
375	Paul Hanson	171	00:49:58	00:49:25	MSNR	220	219	Male	324	326		
376	Jonathan Moss	629	00:50:01	00:49:22	50	18	18	Male	325	324		
377	Tanya Gibson	1048	00:50:01	00:49:39	FSNR	33	35	Female	52	55	Serpentine	
378	Neil Dissanayake	249	00:50:01	00:49:07	MSNR	221	216	Male	326	320		
379	Antonio Hidalgo	172	00:50:02	00:49:28	MSNR	222	221	Male	327	329		
380	Andrew Smith	231	00:50:02	00:49:27	40	84	86	Male	328	327		
381	Miranda Cook	906	00:50:03	00:48:53	35	16	16	Female	53	50	London Fronrunners	
382	Erica Allen	822	00:50:03	00:49:52	FSNR	34	38	Female	54	59		
383	Matthew Cook	498	00:50:04	00:50:04	40	85	91	Male	329	350	London Fronrunners	
384	Anthony Nguyen	344	00:50:07	00:49:45	MSNR	223	230	Male	330	340		HSBC Globe
385	Stewart Dring	66	00:50:07	00:49:32	MSNR	224	224	Male	331	332		
386	Tom Eslinger	396	00:50:10	00:48:56	40	86	82	Male	332	314		
387	James Holloman	615	00:50:11	00:49:51	MSNR	225	232	Male	333	346		Desperate Husbands
388	Nicola Fissenden	818	00:50:11	00:48:48	FSNR	35	30	Female	55	49		Wellington Hospital
389	Victoria Sharp	1078	00:50:15	00:49:30	FSNR	36	33	Female	56	53		
390	David Mills	336	00:50:16	00:49:46	50	19	21	Male	334	342	Thrift Green Trotters	
391	Martin Harris	400	00:50:18	00:50:02	MSNR	226	234	Male	335	349		
392	Martin Davey	324	00:50:18	00:49:46	50	20	20	Male	336	341	Amphill & Flitwick Flyers	
393	Richard Keeble	281	00:50:18	00:49:37	50	21	19	Male	337	335		
394	Chris Murray	126	00:50:19	00:49:35	MSNR	227	225	Male	338	333		

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395	Colin O'Reilly	587	00:50:20	00:49:48	MSNR	228	231	Male	339	344			
396	Barbara Tomaszczyk	1021	00:50:22	00:49:49	45	4	4	Female	57	58	London Heathside		
397	David Tang	268	00:50:24	00:49:37	40	87	87	Male	340	336	London Fronrunners		
398	Chloe Knott	965	00:50:26	00:49:49	FSNR	37	37	Female	58	57		Exodus Early Eagles	
399	Alwyn Tan	222	00:50:27	00:49:29	MSNR	229	222	Male	341	330			Pink Singers
400	Dawn Limbert	911	00:50:30	00:50:13	45	5	6	Female	59	61	Trent Park Runners		
401	Huw Williams	174	00:50:32	00:49:45	MSNR	230	229	Male	342	339			
402	Donna Galway	862	00:50:33	00:50:09	45	6	5	Female	60	60	Oslo Fronrunners		
403	Stuart Ogier	569	00:50:33	00:49:57	MSNR	231	233	Male	343	348	St Albans Striders		
404	Lorenzo Cervo	335	00:50:33	00:50:19	MSNR	232	238	Male	344	357			
405	Philip Kennedy	39	00:50:34	00:49:47	40	88	88	Male	345	343			
406	Mark Llambias	657	00:50:34	00:50:11	40	89	92	Male	346	353			
407	Elizabeth Romano	974	00:50:35	00:49:45	FSNR	38	36	Female	61	56	Petts Wood Runners		
408	Alban Webb	380	00:50:38	00:49:18	MSNR	233	218	Male	347	322			
409	Michael Gallagher	579	00:50:38	00:49:49	40	90	89	Male	348	345			
410	Peter Hannam	507	00:50:40	00:49:40	MSNR	234	228	Male	349	338			
411	Thomas Stoeckle	393	00:50:42	00:50:11	40	91	93	Male	350	354			
412	Stephen Godfrey	363	00:50:43	00:50:31	40	92	96	Male	351	363			
413	John Chadwick	299	00:50:45	00:49:05	40	93	84	Male	352	319			
414	Jean-Claude Marx	7	00:50:46	00:50:19	60	4	4	Male	353	359			
415	Jonathan Wooldridge	304	00:50:47	00:49:55	40	94	90	Male	354	347			
416	Robin Joyce	201	00:50:48	00:49:38	MSNR	235	227	Male	355	337		Spectrum	
417	Benjamin Smith	162	00:50:49	00:50:08	MSNR	236	236	Male	356	352		Livebookings	
418	Darren Fodey	295	00:50:54	00:50:21	MSNR	237	240	Male	357	361			
419	Luc Saint-Martin	637	00:50:59	00:50:14	MSNR	238	237	Male	358	355			
420	Olivia Poole	1095	00:51:03	00:50:14	FSNR	39	39	Female	62	62			
421	Joe Hiemstra	374	00:51:04	00:50:24	40	95	95	Male	359	362	North Herts Road Runners		
422	Anthony Wingfield	444	00:51:09	00:51:06	MSNR	239	244	Male	360	373			
423	Simon Hart	550	00:51:10	00:51:05	40	96	99	Male	361	372			
424	John Walsh	440	00:51:10	00:51:00	50	22	24	Male	362	369			
425	Matthew Gage	377	00:51:10	00:50:19	MSNR	240	239	Male	363	358			
426	Klaus-Stefan Hohenstatt	556	00:51:16	00:50:31	40	97	97	Male	364	364		Freshfields	
427	Andrew Ellis	623	00:51:20	00:51:19	40	98	100	Male	365	379			
428	Rachel Coombs	869	00:51:21	00:50:32	35	17	17	Female	63	63	East London Runners		
429	Eamonn O'Carroll	547	00:51:24	00:51:00	MSNR	241	243	Male	366	371			
430	Sue Carter	794	00:51:26	00:50:42	35	18	18	Female	64	64	London Fronrunners		
431	Joseph Swift	79	00:51:27	00:50:20	50	23	22	Male	367	360	London Fronrunners		
432	Jonathan Lewis	278	00:51:30	00:50:37	40	99	98	Male	368	365			
433	Kenni Poulsen	656	00:51:32	00:50:15	40	100	94	Male	369	356		Livebookings	
434	Arthur Orsborn	493	00:51:33	00:50:46	MSNR	242	241	Male	370	366			
435	David Gadd	449	00:51:34	00:51:08	MSNR	243	245	Male	371	374			
436	Vicky Wilding	1027	00:51:36	00:51:19	FSNR	40	40	Female	65	65			
437	Sarah Stonard	950	00:51:38	00:51:24	35	19	19	Female	66	66	Petts Wood Runners		
438	Simon Wright	402	00:51:43	00:51:12	MSNR	244	248	Male	372	378	London Fronrunners		
439	Andrew Clark	128	00:51:43	00:51:08	MSNR	245	246	Male	373	375			
440	Kevin Nelson	131	00:51:47	00:50:04	MSNR	246	235	Male	374	351			
441	Gareth Richards	432	00:51:47	00:51:09	50	24	26	Male	375	376	London Fronrunners		
442	Maeve Rutt	734	00:51:49	00:51:38	FSNR	41	43	Female	67	70	Serpentine		
443	Paul Gooch	120	00:51:51	00:51:00	50	25	25	Male	376	370			Pink Singers
444	Cherryl Sinclair	1050	00:51:55	00:51:26	FSNR	42	42	Female	68	69	Vegan Runners UK		
445	Robert Gill	269	00:52:01	00:50:58	50	26	23	Male	377	368	London Fronrunners		
446	Jane Van Blommestein	1023	00:52:02	00:51:56	FSNR	43	47	Female	69	75			
447	Phil Lewis	193	00:52:05	00:51:19	MSNR	247	249	Male	378	380			
448	Pam Jones	1049	00:52:09	00:51:58	65+	1	1	Female	70	77	Ilford AC		
449	Ian Diamond	41	00:52:10	00:51:48	40	101	102	Male	379	389			
450	Rolf Hendrixx	443	00:52:11	00:50:51	MSNR	248	242	Male	380	367			
451	Elena Massucco	889	00:52:11	00:51:25	FSNR	44	41	Female	71	68			
452	Sue Watson	707	00:52:12	00:51:59	55	2	3	Female	72	78	Road Runners		
453	Adam Rowland	409	00:52:13	00:51:38	MSNR	249	252	Male	381	383			
454	Melissa Gleave	739	00:52:16	00:51:47	FSNR	45	45	Female	73	72			Burn It
455	Elouise Norman	1108	00:52:19	00:52:00	FSNR	46	49	Female	74	80	London Heathside		
456	Ann Malloy	1040	00:52:21	00:51:51	55	3	2	Female	75	74			

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457	Austin Chessell	93	00:52:23	00:51:25	MSNR	250	250	Male	382	381	London Fronrunners		London Titans FC
458	Angelique Smit	1088	00:52:25	00:52:01	FSNR	47	50	Female	76	81			
459	Rachel Wickham	839	00:52:26	00:51:25	35	20	20	Female	77	67			
460	Christopher Holt	343	00:52:27	00:51:46	MSNR	251	255	Male	383	387			
461	Alvin Lim	618	00:52:28	00:51:57	MSNR	252	257	Male	384	391			
462	Jitendra Rao	513	00:52:29	00:51:11	MSNR	253	247	Male	385	377			
463	Liang Wee	446	00:52:37	00:51:38	40	102	101	Male	386	385			Pink Singers
464	Vicky Noden	1098	00:52:39	00:51:42	FSNR	48	44	Female	78	71			
465	Paul Suttle	540	00:52:39	00:51:44	MSNR	254	254	Male	387	386			
466	Malcolm Dennis	397	00:52:43	00:52:02	50	27	27	Male	388	392	Serpentine		
467	Arabella Neville-Rolfe	909	00:52:43	00:52:21	FSNR	49	53	Female	79	85			
468	Rachel Wild	805	00:52:44	00:52:07	FSNR	50	51	Female	80	82		Communicaid	
469	John Vickers	118	00:52:47	00:51:38	MSNR	255	253	Male	389	384			
470	Paul Kaynes	580	00:52:53	00:52:05	40	103	105	Male	390	394			
471	Gary Bright	108	00:52:54	00:51:28	MSNR	256	251	Male	391	382			
472	Vernon Deymos	143	00:52:54	00:52:06	MSNR	257	258	Male	392	395			
473	Ksenija Shambrook	820	00:52:56	00:52:17	FSNR	51	52	Female	81	84		Livebookings	
474	Sue Tupling	951	00:52:56	00:51:57	35	21	21	Female	82	76	Otley AC		
475	Jenny Neill	986	00:52:58	00:51:59	FSNR	52	48	Female	83	79			
476	Ronan Doyle	80	00:52:59	00:52:18	40	104	108	Male	393	401			
477	Nathan Easey	209	00:53:01	00:52:09	MSNR	258	259	Male	394	396			Smarties
478	Mel McClure	717	00:53:07	00:52:13	45	7	7	Female	84	83	Metropolitan Police AC		
479	Mark Jayatilake	347	00:53:07	00:52:03	40	105	104	Male	395	393			
480	Claire Summers	727	00:53:08	00:51:49	FSNR	53	46	Female	85	73		Windrush	
481	Simon McLinden	106	00:53:09	00:52:14	40	106	107	Male	396	398			
482	Ondina Mulundo	1083	00:53:10	00:53:10	35	22	23	Female	86	92			
483	Sean Carey	307	00:53:11	00:51:48	40	107	103	Male	397	390			
484	Jason Taylor	10	00:53:12	00:52:16	MSNR	259	260	Male	398	399			
485	Laura Keeble	800	00:53:14	00:52:34	FSNR	54	54	Female	87	86			
486	Peter Luckham	58	00:53:15	00:52:46	40	108	110	Male	399	411	London Fronrunners		
487	Claire Harman	928	00:53:15	00:52:40	FSNR	55	55	Female	88	87			
488	Tim Welchew	541	00:53:16	00:51:46	MSNR	260	256	Male	400	388			
489	Karin Heiniger	1036	00:53:18	00:52:53	FSNR	56	56	Female	89	88			
490	Steve Platt	585	00:53:24	00:52:27	50	28	29	Male	401	404	Trail Running Assoc		
491	Gary Paul	175	00:53:24	00:52:14	40	109	106	Male	402	397			
492	Andrew Howard	620	00:53:26	00:53:08	MSNR	261	269	Male	403	414	London Fronrunners		
493	David Thompson	20	00:53:27	00:52:24	MSNR	262	262	Male	404	402			
494	Sarah Kilmartin	1010	00:53:28	00:53:28	FSNR	57	60	Female	90	97			
495	Michael Mills	415	00:53:28	00:52:29	MSNR	263	263	Male	405	405			
496	Simon Wilkinson	255	00:53:33	00:52:34	40	110	109	Male	406	407	London Fronrunners		Pink Singers
497	James Sadler	167	00:53:34	00:52:39	MSNR	264	266	Male	407	409		Livebookings	
498	Ivan Giacomelli	442	00:53:37	00:52:17	MSNR	265	261	Male	408	400			
499	Colin Stevenson	389	00:53:42	00:52:26	50	29	28	Male	409	403	London Fronrunners		
500	Emma Du Haney	978	00:53:45	00:52:56	45	8	8	Female	91	90			
501	Del Wood	622	00:53:46	00:52:30	MSNR	266	264	Male	410	406			
502	Ian Hall	485	00:53:46	00:53:02	40	111	111	Male	411	413			
503	Stuart Hinge	475	00:53:46	00:53:10	MSNR	267	270	Male	412	415			
504	Benny Gauci	1068	00:53:49	00:53:35	35	23	27	Female	92	100			
505	Sarah Teferi	1008	00:53:55	00:52:54	35	24	22	Female	93	89			
506	Russell Martin	559	00:53:56	00:52:53	MSNR	268	268	Male	413	412	Dartford Road Runners		
507	Amy Phillips	721	00:53:57	00:53:24	FSNR	58	59	Female	94	96			
508	Zelinda Demelas	711	00:53:57	00:53:34	35	25	26	Female	95	99			
509	Matt Jessee	266	00:54:05	00:53:48	40	112	114	Male	414	421	London Fronrunners		
510	Jonathan Thompson	609	00:54:08	00:52:41	MSNR	269	267	Male	415	410			
511	Christina Storrar	877	00:54:08	00:53:35	FSNR	59	61	Female	96	101			
512	Celso Lopez	450	00:54:09	00:53:40	MSNR	270	273	Male	416	420		Scootabike East Dulwich	
513	Rachel Devine	1109	00:54:11	00:53:56	FSNR	60	65	Female	97	108			
514	Philerrickn Moody	425	00:54:11	00:53:23	MSNR	271	271	Male	417	418			
515	Stephen Smith	517	00:54:12	00:52:38	MSNR	272	265	Male	418	408		Barclays Capital	
516	Reshma Parbat	947	00:54:13	00:54:06	FSNR	61	69	Female	98	115			
517	Maggie Jones	932	00:54:13	00:53:18	45	9	9	Female	99	95			
518	Emily Ackner	1110	00:54:14	00:53:55	FSNR	62	64	Female	100	107			
519	Jennifer Hawkes	1009	00:54:14	00:53:16	35	26	24	Female	101	94			
520	Simon Edge	98	00:54:15	00:53:20	40	113	113	Male	419	417			
521	Kevin McGhee	221	00:54:19	00:53:54	MSNR	273	275	Male	420	424			

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522	Sheila Doyle	750	00:54:19	00:53:38	45	10	10	Female	102	103		
523	Denisa Whiteson	1034	00:54:20	00:53:37	35	27	28	Female	103	102		
524	Barbara Steijl	849	00:54:20	00:53:15	FSNR	63	58	Female	104	93	Precise	
525	Jessica Palmer	1047	00:54:21	00:53:47	FSNR	64	62	Female	105	104		
526	Gary Jeeves	600	00:54:23	00:53:13	40	114	112	Male	421	416		
527	Donna Hurst	912	00:54:30	00:54:03	35	28	31	Female	106	111		
528	Laura Godwin	1071	00:54:33	00:53:02	FSNR	65	57	Female	107	91		
529	Kirstein Martin	1079	00:54:33	00:53:29	35	29	25	Female	108	98	Dartford Road Runners	
530	Tricia Murray	968	00:54:42	00:54:00	35	30	30	Female	109	109		
531	Sinead O'Mahony	729	00:54:43	00:54:20	35	31	35	Female	110	120		
532	Angus Towler	11	00:54:44	00:53:49	40	115	115	Male	422	422		
533	Suzanne Elwick	793	00:54:45	00:54:32	35	32	37	Female	111	122	London Fronrunners	
534	Katy Roberts	1033	00:54:46	00:54:09	35	33	33	Female	112	117		
535	Alistair Polson	283	00:54:49	00:54:05	50	30	30	Male	423	427		
536	David Gannon	314	00:54:50	00:53:34	MSNR	274	272	Male	424	419		
537	Daniela Somerscales	795	00:54:51	00:54:20	35	34	34	Female	113	119		
538	Flora Zhang	1066	00:54:52	00:54:38	FSNR	66	73	Female	114	124	Barclays Capital	
539	Andrew Austin	542	00:54:55	00:54:08	MSNR	275	277	Male	425	428	Freshfields	
540	Emma Brooks	714	00:54:55	00:54:00	FSNR	67	66	Female	115	110		
541	Katherine Douglas	771	00:55:01	00:54:04	35	35	32	Female	116	113		
542	Ruth Abela	969	00:55:01	00:53:54	35	36	29	Female	117	105		
543	Jayesh Patel	239	00:55:02	00:53:50	MSNR	276	274	Male	426	423		All Net All Stars
544	Colin Tebb	142	00:55:05	00:54:14	MSNR	277	278	Male	427	429		
545	Jane Griffith	815	00:55:12	00:54:36	FSNR	68	72	Female	118	123	Livebookings	
546	Eleanor Mallon	779	00:55:12	00:54:56	45	11	11	Female	119	128		
547	Kristina Johansson	759	00:55:14	00:54:10	FSNR	69	71	Female	120	118		
548	Aleksandra Szyduk	838	00:55:16	00:54:51	FSNR	70	74	Female	121	126		
549	Lisa Hiemstra	983	00:55:16	00:54:38	35	37	38	Female	122	125	North Herts Road Runners	
550	Simon Brown	34	00:55:17	00:54:58	40	116	117	Male	428	431		
551	Britt Soeder	748	00:55:18	00:53:54	FSNR	71	63	Female	123	106		
552	Gabriella Munro	940	00:55:19	00:54:09	FSNR	72	70	Female	124	116		
553	Patrick Reidy	218	00:55:20	00:54:04	MSNR	278	276	Male	429	426		The Mollisters
554	Debbie McLauchlan	1063	00:55:22	00:54:04	FSNR	73	67	Female	125	112		
555	Harriet Neuberger	728	00:55:24	00:54:05	FSNR	74	68	Female	126	114	Windrush	
556	James Truter	496	00:55:26	00:54:22	MSNR	279	279	Male	430	430	London Fronrunners	
557	Liz Goodchild	1005	00:55:30	00:55:12	FSNR	75	76	Female	127	130		
558	Julian Mellors	21	00:55:34	00:53:56	40	117	116	Male	431	425	Wimbledon Windmilers	
559	Anna Farr	963	00:55:34	00:55:13	FSNR	76	78	Female	128	132	HSBC Globe	
560	Daisy Collinge	831	00:55:38	00:55:13	FSNR	77	77	Female	129	131		
561	Holly Revell	996	00:55:42	00:54:25	35	38	36	Female	130	121		
562	James Lincoln	326	00:55:45	00:55:45	MSNR	280	290	Male	432	448		
563	Simon Middlewick	568	00:55:49	00:55:00	MSNR	281	282	Male	433	434		
564	Reuben Butler	151	00:55:50	00:55:00	MSNR	282	280	Male	434	432		
565	Gareth Oldale	553	00:55:50	00:55:01	MSNR	283	283	Male	435	435		
566	Viv Lawrence	185	00:55:52	00:55:20	50	31	32	Male	436	443	London Fronrunners	
567	Garreth Wong	469	00:55:53	00:55:07	MSNR	284	285	Male	437	439	Freshfields	
568	Philip Brown	228	00:55:54	00:55:03	50	32	31	Male	438	437	Bexley AC	
569	Rohan Fernando	296	00:55:56	00:55:24	40	118	120	Male	439	444		
570	James Carter	520	00:55:58	00:55:31	MSNR	285	288	Male	440	445		
571	Sarah Moore	786	00:56:05	00:54:52	FSNR	78	75	Female	131	127		
572	Alexander Powell	589	00:56:07	00:55:01	MSNR	286	284	Male	441	436		
573	Rebecca Greaves	1100	00:56:09	00:55:36	FSNR	79	80	Female	132	134		
574	Norman Turner	476	00:56:13	00:55:41	60	5	5	Male	442	446		
575	Bob Merckel	544	00:56:15	00:55:04	40	119	118	Male	443	438		
576	Matthew Deith	257	00:56:17	00:55:00	MSNR	287	281	Male	444	433	London Fronrunners	
577	Julia Woodman	1052	00:56:17	00:54:56	45	12	12	Female	133	129		
578	Nick Bain	480	00:56:25	00:55:10	MSNR	288	286	Male	445	440		
579	Melanie Lanerolle	881	00:56:25	00:55:15	FSNR	80	79	Female	134	133		
580	Mark Vichion	43	00:56:28	00:55:12	40	120	119	Male	446	442		
581	Mark Macey	65	00:56:28	00:55:12	MSNR	289	287	Male	447	441		
582	Mindy Carter	1064	00:56:42	00:56:14	FSNR	81	84	Female	135	145		
583	Claire Soares	1038	00:56:42	00:56:14	FSNR	82	83	Female	136	144		
584	Louise Davey	926	00:56:43	00:56:22	45	13	14	Female	137	146		
585	Claire Willis	1101	00:56:44	00:55:45	35	39	40	Female	138	136		
586	Anthony Harte	206	00:56:47	00:55:54	MSNR	290	292	Male	448	452		
587	Tracey Hunter	812	00:56:49	00:55:58	45	14	13	Female	139	140	Bexley AC	
588	Cheyne Mitchell	949	00:56:51	00:56:51	35	40	48	Female	140	154		
589	Vicky Tyler	827	00:56:54	00:55:42	35	41	39	Female	141	135		

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590	Rachel Slater	875	00:56:59	00:55:57	35	42	41	Female	142	138		
591	Gareth Thomas	342	00:57:00	00:56:02	40	121	122	Male	449	455		
592	Thomas Michael Gilmore	611	00:57:01	00:56:00	60	6	7	Male	450	454	North Devon Road Runners	
593	Mark Doerfel	147	00:57:06	00:56:03	50	33	33	Male	451	456		
594	Naomi Newton-Fisher	991	00:57:06	00:55:49	FSNR	83	81	Female	143	137	Purple Patch Runners	
595	Angharad Thomas	737	00:57:06	00:56:03	35	43	44	Female	144	142		
596	Cathy Clements	872	00:57:07	00:56:23	FSNR	84	85	Female	145	147		
597	Paula Holt	961	00:57:07	00:56:26	FSNR	85	86	Female	146	148		
598	Adam Fairris	667	00:57:08	00:55:42	MSNR	291	289	Male	452	447		
599	Patrick Fleming	453	00:57:08	00:55:49	60	7	6	Male	453	449		
600	Andrea Soccorso	924	00:57:09	00:56:42	35	44	46	Female	147	150		
601	Louise Bisset	830	00:57:11	00:56:02	35	45	43	Female	148	141	London Heathside	
602	Chris Best	33	00:57:13	00:55:59	MSNR	292	293	Male	454	453	London Frontrunners	
603	Carl Bradley	284	00:57:13	00:55:52	40	122	121	Male	455	451		
604	Olivia Fitzgerald	816	00:57:14	00:55:57	35	46	42	Female	149	139		Livebookings
605	Tristan Balderson	490	00:57:16	00:55:52	MSNR	293	291	Male	456	450		Barclays Capital
606	Heidi Gaffney	723	00:57:17	00:57:05	35	47	49	Female	150	156		
607	Carolyn Sarah Davison	853	00:57:21	00:56:12	FSNR	86	82	Female	151	143		Spectrum
608	Cedric Zunino De Arredondo	614	00:57:28	00:57:07	MSNR	294	301	Male	457	464		Desperate Husbands
609	Lucy Cobb	802	00:57:30	00:56:44	FSNR	87	87	Female	152	151		
610	Robert Ravelli	384	00:57:30	00:57:09	50	34	34	Male	458	465	London Frontrunners	
611	Amir Ghomshei	270	00:57:36	00:57:29	MSNR	295	304	Male	459	470	Striders of Croydon	
612	Ian Collier	129	00:57:40	00:57:05	MSNR	296	300	Male	460	463		
613	Pip Aldridge	164	00:57:40	00:57:05	MSNR	297	299	Male	461	462		Livebookings
614	Derek Moon	447	00:57:47	00:56:46	MSNR	298	296	Male	462	459		
615	Peter Robertson	154	00:57:48	00:56:37	MSNR	299	295	Male	463	458	Stragglers	
616	Kelly Watson	705	00:57:49	00:56:55	45	15	15	Female	153	155		
617	Anna Musgrave	871	00:57:54	00:56:47	35	48	47	Female	154	152		
618	Reshmal Shah	158	00:57:55	00:56:22	MSNR	300	294	Male	464	457		
619	Philip Quartermaine	286	00:58:01	00:56:52	MSNR	301	297	Male	465	460		Spectrum
620	Kathryn Boddey	730	00:58:06	00:57:30	FSNR	88	90	Female	155	160		
621	Stuart Mundy	135	00:58:06	00:57:13	40	123	123	Male	466	466		
622	Francesca Lamberto	1112	00:58:06	00:56:41	35	49	45	Female	156	149		
623	William Vasey	478	00:58:12	00:57:25	MSNR	302	303	Male	467	469		Alderman Vasey
624	Sophie Garson	985	00:58:14	00:56:49	FSNR	89	88	Female	157	153		
625	Kendal Spark	899	00:58:19	00:57:15	FSNR	90	89	Female	158	157		
626	Emma Cruickshank	964	00:58:20	00:57:49	FSNR	91	91	Female	159	164		
627	Rachel Hilton	775	00:58:26	00:57:59	45	16	18	Female	160	167	Serpentine	
628	Peter Hoeben	545	00:58:26	00:57:15	MSNR	303	302	Male	468	467		Deutsche Bank
629	Polly Mair	806	00:58:28	00:57:28	55	4	4	Female	161	159		
630	Maria McGrath	975	00:58:30	00:58:14	55	5	5	Female	162	173	Trent Park Runners	
631	Sadhana Patel	740	00:58:30	00:57:40	35	50	52	Female	163	163		
632	Margaret Kent	988	00:58:31	00:57:17	45	17	16	Female	164	158		
633	Jean Gay	238	00:58:33	00:57:18	40	124	124	Male	469	468		
634	Marcus Chandler	230	00:58:36	00:58:25	MSNR	304	309	Male	470	477		
635	Paul Taylor	354	00:58:40	00:57:04	MSNR	305	298	Male	471	461		
636	Andrew Walker	216	00:58:43	00:58:35	40	125	126	Male	472	479		
637	Kellie Edwards	1104	00:58:43	00:57:36	35	51	51	Female	165	162		
638	Jo Heard	1114	00:58:52	00:57:57	FSNR	92	92	Female	166	166		
639	Sylvie Zacair	1017	00:58:53	00:57:35	35	52	50	Female	167	161		
640	Jessica Jia	997	00:58:56	00:58:30	FSNR	93	100	Female	168	178		
641	Dieter Berends	289	00:58:56	00:58:51	40	126	127	Male	473	482		
642	Richard Pow	588	00:58:58	00:57:50	MSNR	306	305	Male	474	471		
643	Sarah Honeywell	834	00:58:59	00:58:08	FSNR	94	94	Female	169	169		
644	Lorenzo Saa	434	00:59:03	00:58:01	MSNR	307	306	Male	475	473		
645	James Taylor	140	00:59:03	00:58:17	MSNR	308	308	Male	476	476		
646	Heather Daniels	754	00:59:05	00:58:03	FSNR	95	93	Female	170	168		
647	Samantha Cordey	850	00:59:07	00:58:17	FSNR	96	98	Female	171	174		
648	Megan Addis	1044	00:59:08	00:58:09	FSNR	97	95	Female	172	170		
649	Perry Savill	259	00:59:11	00:58:13	50	35	35	Male	477	475	London Frontrunners	
650	Barbara Clarenz	893	00:59:12	00:58:35	35	53	56	Female	173	181		Baerbel
651	Richard Jones	433	00:59:16	00:58:00	40	127	125	Male	478	472	Serpentine	
652	Richard Tipping	32	00:59:18	00:58:38	MSNR	309	311	Male	479	480		
653	Sue Hunt	742	00:59:21	00:58:20	35	54	53	Female	174	176		
654	Anna Spitalny	891	00:59:23	00:58:10	FSNR	98	96	Female	175	171		
655	Alison Brake	1093	00:59:23	00:57:56	45	18	17	Female	176	165		
656	Lauren Burrows	808	00:59:26	00:58:11	FSNR	99	97	Female	177	172		

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657	Maire Valley	921	00:59:29	00:58:19	FSNR	100	99	Female	178	175	Armagh AC	
658	Wayne McKiernan	460	00:59:34	00:58:49	MSNR	310	312	Male	480	481		
659	Mandy-Jane Herring	931	00:59:34	00:58:39	35	55	57	Female	179	183		
660	Jamie Ward	149	00:59:34	00:58:57	40	128	128	Male	481	484		
661	Monica Lyons	865	00:59:36	00:59:16	45	19	20	Female	180	193	Serpentine	
662	Michelle Baxter Wickham	1024	00:59:37	00:58:27	35	56	54	Female	181	177		
663	Ewa Jozefkiewicz	823	00:59:38	00:58:47	FSNR	101	104	Female	182	185		Smarties
664	Sussie Krintel	701	00:59:39	00:58:31	35	57	55	Female	183	179		
665	Simon Raine	358	00:59:44	00:58:06	MSNR	311	307	Male	482	474		
666	Cecilia Parker Aranha	1013	00:59:45	00:58:38	FSNR	102	102	Female	184	182		
667	Samantha Shaw	1019	00:59:46	00:58:45	FSNR	103	103	Female	185	184		
668	Janet Slack	833	00:59:50	00:58:48	45	20	19	Female	186	186		
669	Nathan Jacobus	525	00:59:52	00:59:47	MSNR	312	316	Male	483	487		
670	Kate Wallace	791	00:59:57	00:58:32	FSNR	104	101	Female	187	180		
671	Vanesa Gamero	913	00:59:58	00:58:55	FSNR	105	106	Female	188	188		
672	Simon Brown	280	00:59:58	00:58:55	MSNR	313	313	Male	484	483		
673	Lorette Runacres	1069	01:00:01	00:59:03	35	58	58	Female	189	189		
674	Elena Usai	1094	01:00:01	00:59:23	FSNR	106	109	Female	190	195		
675	Edward Kitchiner	78	01:00:01	00:58:34	MSNR	314	310	Male	485	478		
676	Carol Muir	957	01:00:05	00:59:38	35	59	61	Female	191	196	Ilford AC	
677	Kathryn Hetherington	1026	01:00:13	00:59:22	35	60	60	Female	192	194		
678	Katherine Lewis	1070	01:00:13	00:59:15	FSNR	107	108	Female	193	192		
679	Danielle Gray	1076	01:00:13	00:59:43	FSNR	108	111	Female	194	198		
680	Phil Robinson	182	01:00:14	00:59:11	MSNR	315	314	Male	486	485		
681	Johannes Buchberger	105	01:00:17	00:59:42	MSNR	316	315	Male	487	486		
682	Sarah Moxon	888	01:00:20	00:58:50	FSNR	109	105	Female	195	187		
683	Liz Murray	702	01:00:22	00:59:14	35	61	59	Female	196	191		
684	Abigail Russell	958	01:00:25	00:59:07	FSNR	110	107	Female	197	190		
685	Anthony Geraldo	638	01:00:34	00:59:48	MSNR	317	317	Male	488	488		
686	Phillip Welch	273	01:00:44	00:59:48	60	8	8	Male	489	489	Hillingdon AC	
687	Andrew Tapp	91	01:00:44	00:59:52	40	129	129	Male	490	490		
688	Kelvin Ang	297	01:00:54	00:59:57	MSNR	318	318	Male	491	491		Pink Singers
689	Antonia White	917	01:00:59	00:59:39	FSNR	111	110	Female	198	197		
690	Mary Taylor	848	01:01:14	01:00:10	FSNR	112	112	Female	199	199	Precise	
691	Max Cotterell-East	855	01:01:16	01:00:13	35	62	62	Female	200	200		
692	Patricia Hanna	1039	01:01:20	01:00:24	FSNR	113	113	Female	201	201		
693	Katie Slee	936	01:01:20	01:00:25	FSNR	114	114	Female	202	202		
694	John Pegg	531	01:01:23	01:00:29	50	36	36	Male	492	494	London Frontrunners	
695	Hsien Chew	256	01:01:28	01:00:33	MSNR	319	321	Male	493	495	London Frontrunners	Pink Singers
696	David Peet	101	01:01:30	01:00:05	MSNR	320	319	Male	494	492		
697	Linda Neimantas	1037	01:01:34	01:00:25	35	63	63	Female	203	203		
698	Brian Reid	328	01:01:42	01:01:15	50	37	37	Male	495	497	Dagenham 88 runners	
699	Sandra Kuehl	907	01:01:45	01:01:28	35	64	64	Female	204	212	London Frontrunners	
700	Robin Powell	502	01:01:46	01:00:15	MSNR	321	320	Male	496	493		
701	Valguarren A	669	01:01:51	01:01:51	50	38	39	Male	497	501		
702	Gill Roberts	880	01:01:56	01:00:49	FSNR	115	116	Female	205	205		
703	Nuria Querol	1096	01:02:04	01:01:04	FSNR	116	118	Female	206	207		
704	Hannah Graham	946	01:02:05	01:01:05	FSNR	117	119	Female	207	208		
705	Thomas Gray	471	01:02:05	01:01:20	MSNR	322	323	Male	498	499	Freshfields	
706	Ansu Shah	624	01:02:08	01:01:16	40	130	130	Male	499	498		
707	Rhian Duffus	787	01:02:10	01:00:45	FSNR	118	115	Female	208	204		
708	Alison Wells	811	01:02:11	01:01:27	55	6	6	Female	209	211		
709	Kate Thomas	804	01:02:13	01:01:31	45	21	22	Female	210	213		
710	Jack Blake	803	01:02:13	01:01:47	35	65	67	Female	211	222		
711	Cassandra Nguyen	1091	01:02:19	01:01:31	35	66	65	Female	212	214		
712	Nicola Stanton	788	01:02:22	01:00:58	FSNR	119	117	Female	213	206		
713	Danni Whelan	1007	01:02:23	01:01:12	FSNR	120	120	Female	214	209		
714	Rachel Duke	1062	01:02:25	01:01:56	35	67	68	Female	215	223		
715	Dawn Neale	976	01:02:26	01:01:22	45	22	21	Female	216	210		
716	Kevin Orledge	159	01:02:29	01:01:50	50	39	38	Male	500	500		
717	Sally Paskins	922	01:02:39	01:01:31	Under 20	1	1	Female	217	215		
718	Hugh Torrance	198	01:02:41	01:01:00	MSNR	323	322	Male	501	496	Glasgow Frontrunners	
719	Eimar D'Arcy	1115	01:02:46	01:01:36	35	68	66	Female	218	216		
720	Louise Russell	904	01:02:53	01:01:41	FSNR	121	122	Female	219	218		
721	Celine Chan	715	01:03:01	01:01:39	FSNR	122	121	Female	220	217		
722	Tory Ion	783	01:03:07	01:01:46	FSNR	124	124	Female	222	220		
723	Sandra Wood	782	01:03:07	01:01:46	FSNR	123	125	Female	221	221		
724	Natasha Muns	746	01:03:09	01:01:46	FSNR	125	123	Female	223	219		
725	Susan Slack	837	01:03:09	01:02:04	FSNR	126	126	Female	224	224		

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726	Pamela Gawler-Wright	933	01:03:13	01:02:20	45	23	24	Female	225	227		
727	Edwin Smith	133	01:03:14	01:01:55	MSNR	324	324	Male	502	502		
728	Izelle Volman	998	01:03:20	01:02:30	FSNR	127	128	Female	226	228		
729	Steph Gallagher	1030	01:03:20	01:02:17	45	24	23	Female	227	225		
730	Cranmer Webb	381	01:03:21	01:02:02	40	131	131	Male	503	503		
731	Eleanor Thomson	1028	01:03:24	01:02:57	35	69	70	Female	228	233		
732	Monika Dilha	890	01:03:30	01:02:19	FSNR	128	127	Female	229	226		All Net All Stars
733	Vennisa Chowdhury	1065	01:03:36	01:03:21	FSNR	129	132	Female	230	235		Barclays Capital
734	Val Boyd	713	01:03:38	01:02:44	55	7	7	Female	231	229	23 Mile Club	
735	Anna Rose	761	01:03:40	01:02:48	35	70	69	Female	232	230		Robean
736	Takashi Kitatani	561	01:03:45	01:03:12	MSNR	325	325	Male	504	505		
737	Olivia Spring	763	01:03:51	01:02:51	FSNR	130	130	Female	233	232		
738	Emma Woolerton	1087	01:03:58	01:02:51	FSNR	131	129	Female	234	231		
739	Priscilla Devanney	1004	01:04:01	01:03:43	35	71	75	Female	235	243		
740	Mark Manning	530	01:04:05	01:02:42	40	132	132	Male	505	504		Precise
741	Janice Keeble	914	01:04:05	01:03:24	45	25	25	Female	236	237		
742	Beate Sonnenberg	762	01:04:14	01:03:22	35	72	71	Female	237	236		Robean
743	Sara Otley	741	01:04:20	01:03:50	35	73	77	Female	238	245		Burn It
744	Katy Barnes	817	01:04:20	01:03:00	FSNR	132	131	Female	239	234		
745	Susan Koehler	1090	01:04:22	01:03:34	35	74	72	Female	240	240		
746	Jackie Tang	999	01:04:23	01:03:35	35	75	73	Female	241	241		
747	Sonia Cudd	745	01:04:27	01:03:41	35	76	74	Female	242	242		
748	Claire Daniel	1006	01:04:32	01:03:33	FSNR	133	133	Female	243	239		Exodus Early Eagles
749	John Richardson	168	01:04:45	01:04:24	MSNR	326	326	Male	506	507		
750	Sophia Amend	1111	01:04:45	01:04:28	35	77	81	Female	244	252		
751	Catherine Jauslin	1097	01:04:56	01:03:32	45	26	26	Female	245	238		
752	Imelda Balchin	1092	01:04:56	01:04:05	35	78	78	Female	246	247		
753	Carmel September	1020	01:04:56	01:04:51	FSNR	134	138	Female	247	256		
754	Ray Mason	288	01:05:00	01:04:58	MSNR	327	328	Male	507	509		
755	Laura Grayley	840	01:05:03	01:04:13	FSNR	135	134	Female	248	249		
756	Katrin Schlenzka	990	01:05:09	01:03:45	35	79	76	Female	249	244		
757	Andrew Rose	477	01:05:09	01:04:41	MSNR	328	327	Male	508	508		Barclays Capital
758	Cathy Wellings	1054	01:05:11	01:04:22	35	80	80	Female	250	251		
759	Frank Norman	19	01:05:12	01:04:15	50	40	40	Male	509	506	Nimrod Runners	
760	Catherine Ball	735	01:05:16	01:04:41	35	81	82	Female	251	254		
761	Kirsty Hood	813	01:05:19	01:05:09	FSNR	136	141	Female	252	259		Livebookings
762	Ian O'Sullivan	673	01:05:21	01:05:21	MSNR	329	330	Male	510	511		
763	Alison Fryatt	861	01:05:24	01:03:57	45	27	27	Female	253	246	Uknetrunner	
764	Rebecca Vanin	942	01:05:32	01:05:20	FSNR	137	142	Female	254	260	Petts Wood Runners	
765	Corinne Bawn	908	01:05:35	01:04:07	35	82	79	Female	255	248	Wimbledon Windmilers	
766	Debra McDowell	979	01:05:37	01:04:55	FSNR	138	139	Female	256	257		
767	Gemma Gillam	859	01:05:39	01:04:15	FSNR	139	135	Female	257	250		Wellington Hospital
768	Jenny Noschese	1045	01:05:42	01:04:37	FSNR	140	136	Female	258	253		
769	Neesa Premji	944	01:05:47	01:05:39	FSNR	141	144	Female	259	262		
770	Susan Price	945	01:05:52	01:04:50	FSNR	142	137	Female	260	255		
771	Veronika Palickova	718	01:05:53	01:04:59	FSNR	143	140	Female	261	258		
772	Chris Land	602	01:05:54	01:05:21	MSNR	330	329	Male	511	510		
773	Clare Shobbrook	1102	01:06:24	01:05:27	FSNR	144	143	Female	262	261		
774	Bruce Chambers	187	01:06:25	01:05:28	40	133	133	Male	512	512		Pink Singers
775	Clare Dickinson	918	01:06:25	01:05:43	45	28	28	Female	263	263		
776	Caroline Potter	772	01:06:32	01:06:02	FSNR	145	145	Female	264	265		
777	Xavier Lin	419	01:06:34	01:05:41	40	134	134	Male	513	513		Gay Gordons
778	Barbara Winzberg	863	01:06:50	01:05:46	45	29	29	Female	265	264	Bournemouth Joggers	
779	Jakki Abbott	1041	01:06:54	01:06:14	45	30	30	Female	266	267		
780	Samantha Kurt	1042	01:06:55	01:06:14	35	83	84	Female	267	268		
781	Gabriel Arredondo	613	01:07:25	01:07:07	MSNR	331	331	Male	514	515		Desperate Husbands
782	Christina Tringi	937	01:07:34	01:06:13	35	84	83	Female	268	266		
783	Allison Howa	1074	01:07:54	01:07:49	35	85	85	Female	269	272		
784	Mark James	282	01:07:54	01:06:34	40	135	135	Male	515	514		
785	Wendy O'Brien	1000	01:08:09	01:06:45	FSNR	146	146	Female	270	269	Dunmow Triathlon Club	
786	Yuan Ren	769	01:08:09	01:07:21	FSNR	147	147	Female	271	270		
787	Kristell Le Cam	962	01:08:30	01:08:08	FSNR	148	149	Female	272	273		HSBC Globe
788	Debra Shaverin	760	01:08:39	01:07:34	FSNR	149	148	Female	273	271		
789	Jennifer Clare	856	01:09:26	01:08:35	FSNR	150	150	Female	274	274		Smarties
790	Giuseppe Corria	668	01:09:31	01:09:31	MSNR	332	333	Male	516	518		
791	Pascale Chauvot	807	01:09:54	01:09:05	35	86	86	Female	275	275	Dulwich Park Runners	
792	Michael Rosser	92	01:09:55	01:08:42	MSNR	333	332	Male	517	516		

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793	Howard Paskins	292	01:09:56	01:08:47	60	9	9	Male	518	517		
794	Sarah Reynolds	927	01:10:17	01:09:56	FSNR	151	152	Female	276	277		
795	Richard Street	49	01:10:53	01:09:46	MSNR	334	334	Male	519	519		
796	Sarah Mead	781	01:11:03	01:10:21	35	87	88	Female	277	280		Sas - Sarah Andrew Stephen
797	Lynne Potter	773	01:11:12	01:10:36	FSNR	152	154	Female	278	281		
798	Sigrun M. Wagner	835	01:11:14	01:10:18	FSNR	153	153	Female	279	278		
799	Nathalie Francois	887	01:11:19	01:09:53	FSNR	154	151	Female	280	276		
800	Karen Unger	923	01:11:20	01:10:18	35	88	87	Female	281	279		
801	Chris Nott	242	01:11:23	01:09:59	MSNR	335	335	Male	520	520		
802	Rebecca Perry	885	01:11:53	01:10:42	FSNR	155	155	Female	282	282		
803	Munish Chopra	537	01:11:53	01:10:33	MSNR	336	336	Male	521	521	London Frontrunners	
804	Karen Azaadi	905	01:11:58	01:10:53	FSNR	156	156	Female	283	283	Dulwich Park Runners	
805	Judith Walker	846	01:11:59	01:10:53	FSNR	157	157	Female	284	284		Precise
806	Angela Vescuso	766	01:12:09	01:11:08	35	89	89	Female	285	285		
807	Marta Luis-Corral	1077	01:12:26	01:11:11	35	90	90	Female	286	286		
808	David Walker	132	01:12:26	01:11:12	40	136	136	Male	522	522	Greenwich Tritons	
809	Katrina Loke	882	01:12:32	01:11:19	35	91	91	Female	287	287		
810	Jeanelle De Gruchy	724	01:12:33	01:12:21	45	31	32	Female	288	294		
811	Lin Coghlan	726	01:12:54	01:11:33	45	32	31	Female	289	288		
812	Evanna White	895	01:13:02	01:11:41	FSNR	158	158	Female	290	289	Serpentine	
813	Christine Mofardin	778	01:13:10	01:12:04	35	92	93	Female	291	291		
814	Della Hirons	776	01:13:10	01:12:04	35	93	94	Female	292	292		
815	Amman Sarang	1116	01:13:22	01:11:54	35	94	92	Female	293	290	Victoria Park Harriers & Tower Hamlets AC	
816	Dawn Howe	1059	01:13:34	01:13:11	45	33	33	Female	294	295		
817	Joanne Harold	896	01:13:46	01:12:20	FSNR	159	159	Female	295	293		
818	Nzube Ufodike	671	01:15:04	01:15:04	MSNR	337	337	Male	523	523		Amoo Venture Capital Advisory
819	Beverley Edie	1084	01:15:18	01:14:36	35	95	95	Female	296	297		
820	Kerry Whitney	970	01:15:19	01:14:00	FSNR	160	160	Female	297	296		
821	Sherry Hallmond	935	01:16:22	01:15:07	65+	2	2	Female	298	298		
822	Nicky Roland	916	01:16:41	01:15:17	FSNR	161	161	Female	299	299		
823	Hope Massiah	1082	01:16:50	01:16:50	45	34	34	Female	300	303		
824	Sally Adee	1081	01:17:02	01:15:33	35	96	96	Female	301	300		London Rollergirls
825	Milly Lang-Watts	994	01:17:11	01:15:48	35	97	97	Female	302	301	Harlow Running Club	
826	Anja Kaarina Thorne	798	01:17:35	01:16:00	65+	3	3	Female	303	302		
827	Michele Pierpoint	749	01:19:53	01:18:31	35	98	98	Female	304	304		
828	Kate Cuddihy	777	01:19:55	01:18:32	FSNR	162	162	Female	305	305		
829	Denise Sykes	1105	01:20:46	01:20:40	35	99	100	Female	306	308	Broxbourne Runners	
830	Lesley Young	770	01:20:59	01:19:28	55	8	8	Female	307	306	Dulwich Park Runners	
831	Jennifer Ferrell	981	01:21:08	01:19:39	35	100	99	Female	308	307		London Rollergirls
832	Roger Brownlow	659	01:21:20	01:20:55	MSNR	338	338	Male	524	524	Ilford AC	
833	Ruth Chambers	744	01:21:32	01:20:44	FSNR	163	163	Female	309	309		
834	Jamie Davis	191	01:22:00	01:22:00	MSNR	339	339	Male	525	525		
835	Riza Momin	845	01:22:21	01:21:14	35	101	101	Female	310	310		Precise
836	Yi Vern Chong	883	01:22:43	01:21:29	35	102	102	Female	311	311		
837	David Wilson	581	01:22:48	01:22:05	40	137	137	Male	526	526		
838	Gemma Randall	1113	01:24:30	01:23:04	FSNR	164	164	Female	312	312		
839	Robert Reyner	207	01:25:53	01:24:23	MSNR	340	340	Male	527	527		Deutsche Bank
840	Louise Barrett	857	01:25:53	01:24:23	FSNR	165	165	Female	313	313		
841	Deepak Kotwani	96	01:26:35	01:25:51	40	138	138	Male	528	528		
842	Collette Curry	731	01:27:32	01:26:49	35	103	103	Female	314	314		
843	Gabrielle Paparo	768	01:28:32	01:27:32	FSNR	166	166	Female	315	315		
844	Andre Harrison	192	01:29:04	01:29:04	MSNR	341	341	Male	529	529		
845	Bhavin Dedhia	631	01:32:15	01:31:38	MSNR	342	342	Male	530	530		